

Use this Cooking Guide as a quick reference to the many cooking options of your new Advantium™ 120 oven. Refer to the Owner's Manual for details and even more options.

## Speedcook

**NOTE:** For first-time oven use, the clock must be set before any cooking operation.

**Speedcook is preprogrammed to cook over 175 dishes!**

- STEP 1** Press SPEEDCOOK pad.
- STEP 2** FOOD MENU will be displayed. Press the dial to enter.
- STEP 3** Turn the dial to select food type. Press the dial to enter.
- STEP 4** Turn the dial again to select the specific food. Press the dial to enter.

## Convection Baking

### WITH PREHEATING

- STEP 1** Press BAKE/BROIL pad.
- STEP 2** Turn the dial to select BAKE. Press to enter.
- STEP 3** Turn the dial to select oven temperature and press to enter.
- STEP 4** When the prompt shows "PREHEAT THE OVEN?" turn the dial to YES. Press the dial or press START/PAUSE pad to begin preheating. Do not place the food in the oven. (You will be prompted to enter the cook time when the oven is preheated.)
- STEP 5** The oven will signal when the set temperature is reached. Open the oven door and place the food in the oven.

**NOTE:** If you do not open the door within 1 hour, the oven will turn off automatically.

- STEP 6** Close the oven door. Turn the dial to set the cooking time, and press the dial or press START/PAUSE pad to begin cooking. The oven will signal and turn off when cooking time is completed.

## Broiling or Toasting

### WITH PREHEATING

- STEP 1** Press BAKE/BROIL pad.
- STEP 2** Turn the dial to select BROIL or TOAST. Press dial to enter.
- STEP 3** When the prompt shows "PREHEAT THE OVEN?" turn the dial to YES. Press the dial or press START/PAUSE pad to begin preheating. Do not place the food in the oven. (You will be prompted to enter the cook time when the oven is preheated.)
- STEP 4** The oven will signal when the broil or toast temperature is reached. Open the oven door and place the food in the oven.

**NOTE:** If you do not open the door within 1 hour, the oven will turn off automatically.

- STEP 5** Close the oven door. Turn the dial to set the cooking time, and press the dial or press START/PAUSE pad to begin cooking. The oven will signal and turn off when cooking time is completed.

## Always use non-stick metal tray



- STEP 5** Turn the dial to select the amount, size and/or doneness (if required, the oven will prompt you). Press the dial after each selection.
- STEP 6** Once the display shows "ADJUST TIME or START" press the dial or press START/PAUSE pad to begin cooking. The oven will signal and turn off when cooking time is completed.

**NOTE:** CUSTOM SPEEDCOOK feature allows you to add, save, change and adjust recipes as FAVORITE RECIPES. Refer to the Owner's Manual for details.

## Always use non-stick metal tray



### WITHOUT PREHEATING

- STEP 1** Press BAKE/BROIL pad.
- STEP 2** Turn the dial to select BAKE. Press to enter.
- STEP 3** Turn the dial to select oven temperature and press to enter.
- STEP 4** When the prompt shows "PREHEAT THE OVEN?" turn the dial to NO. Press the dial to enter.
- STEP 5** Open the oven door and place the food in the oven.
- STEP 6** Close the oven door. Turn the dial to select the cooking time and press the dial to enter. Press the dial again or press START/PAUSE pad to begin cooking. The oven will signal and turn off when cooking time is completed.

**NOTE:** Cooking temperature can be adjusted during cooking. Touch the POWER/TEMP pad. Turn the dial to the desired temperature. Press the dial to enter.

**NOTE:** When using BAKE for goods such as cakes, brownies, cookies, pies, rolls, etc., check food at minimum cook time to prevent over-browning.

## Always use aluminum pan on the wire rack, placed on top of the non-stick metal tray



### WITHOUT PREHEATING

- STEP 1** Press BAKE/BROIL pad.
- STEP 2** Turn the dial to select BROIL or TOAST. Press dial to enter.
- STEP 3** When the prompt shows "PREHEAT THE OVEN?" turn the dial to NO. Press the dial to enter.
- STEP 4** Open the oven door and place the food in the oven.
- STEP 5** Close the oven door. Turn the dial to select the cooking time and press the dial to enter. Press the dial again or press START/PAUSE pad to begin cooking. The oven will signal and turn off when cooking time is completed.

## Warming/Proofing

**NOTE:** The WARM feature will keep hot, cooked foods at serving temperature. Always start with hot food.

- STEP 1** Press WARM/PROOF pad.
- STEP 2** Turn the dial to select HOLD FOOD WARM. Press the dial to enter.
- STEP 3** Turn the dial to select the oven temperature. Press the dial to enter.
- LOW 140°–160°F  
MEDIUM 160°–195°F  
HIGH 195°–230°F
- STEP 4** Turn the dial to select the level of moisture you want. Select CRISP or MOIST. Press the dial to enter.

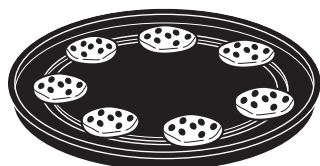
## Microwave Features

### USING PRESET MICROWAVE SELECTIONS

- STEP 1** Press Microwave COOK, DEFROST or REHEAT pad.
- STEP 2** Turn the dial to the option you want to use (such as Cook By Food Type). Press the dial to enter.
- STEP 3** Turn the dial to find the food you want to cook, defrost or reheat. Press the dial to enter.
- STEP 4** Turn the dial to select your next option such as type, amount, weight and/or size. (The oven will prompt you for required selections.) Press the dial after each selection.
- STEP 5** Press the dial or the START/PAUSE pad to begin cooking.

## Food Placement

To ensure consistent and even browning when cooking foods directly on the non-stick metal tray, arrange food as shown. **Food can touch, but should not overlap.**



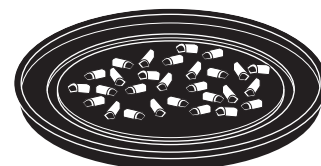
Circular Pattern  
(biscuits, cookies)



Side by Side  
(meats, poultry)



Spoke Pattern  
(crescent rolls, breadsticks)



Single Layer  
(appetizers)

## Cookware Suggestions

- Place food or oven-safe cookware directly on the non-stick metal tray when using SPEEDCOOK or BAKE/BROIL.
- SPEEDCOOK cookware – The non-stick metal tray must be in place. You can use **non-metal** casserole dishes, pie plates and other heat-safe cookware. Place other cookware directly on top of the metal tray. **Never use metal cookware.**
- BAKE cookware – The non-stick metal tray must be in place. You can use metal muffin pans, cake pans and other metal cookware. Use the metal rack for 2-level baking. **Metal cookware can be used for BAKE cooking mode.**

## Tips and Shortcuts

- If you have entered an undesired selection at any time, press the BACK pad and re-enter the desired selection. To review settings anytime during cooking, press the dial.



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## Always use non-stick metal tray



**NOTE:** The PROOF feature automatically provides the optimum temperature for proofing. It does not have a temperature adjustment.

- STEP 1** Place the dough to be proofed in a cooking utensil. Place in oven and close the door.
- STEP 2** Press WARM/PROOF pad.
- STEP 3** Turn the dial to select PROOF BREAD. Press the dial to enter. The oven starts proofing immediately and displays the elapsed time.

## Always use glass tray



### MICROWAVE EXPRESS

Use this pad for 30 seconds of cooking time. The oven starts immediately. Press EXPRESS pad again for additional 30-second increments of microwave cooking. You can add or subtract time by turning the dial.

**NOTE:** Microwave power levels can be adjusted during cooking. Touch the POWER/TEMP pad. Turn the dial to the desired power level (PL10 is highest setting). Press the dial to enter.

- BROIL cookware – The non-stick metal tray must be in place. Use the metal rack with aluminum tray to broil or toast. **Metal cookware can be used for BROIL cooking mode.**
- MICROWAVE cookware – **The glass microwave tray should always be in place for any microwave cooking mode.** Be sure to use cookware suitable for microwave cooking. **Never use metal cookware.**

Refer to your Owner's Manual for additional cookware information.

- To add more cooking time after a cooking cycle is completed, press START/PAUSE pad when you are prompted to "PUSH START FOR MORE or REMOVE FOOD".
- To repeat the last cooking cycle for multiple batches, press CLEAR/OFF pad at the end of the cooking cycle. Touch and hold the prior cooking pad for 3 seconds.